



heavenly
BY WESTIN spa



Awaken
Your Senses



Massage

HEAVENLY SPA SIGNATURE MASSAGE

Surrender yourself to melt away muscle tension and restore balance with a signature affirmation ritual and white tea oil massage. A comforting heated bed will invite the feeling of well-being and relaxation before unwinding with a signature massage that will renew the mind, body and soul.

30 MINUTES \$85 | 60 MINUTES \$140 |
90 MINUTES \$210

AROMATHERAPY MASSAGE

Nurture the soul and embark on a sensory journey by choosing from a range of soothing aromas to stimulate the senses. Select a blend that is attune with the body's desire to relax, refresh or re-energise whilst indulging in a full body signature massage.

60 MINUTES \$140 | 90 MINUTES \$210

MINERAL RECOVERY MASSAGE

Rejuvenate the body with firm massage techniques to soothe tired muscles. The power of caffeine and jojoba oils are used during this full body massage to stimulate blood circulation and increase metabolic productivity to reduce lactic acid build up. Resulting in long lasting muscle relaxation and increased joint mobility.

60 MINUTES \$160 | 90 MINUTES \$220

TREATMENT FOR TWO

Retreat into blissful relaxation side by side. Enjoy any of our treatments in a private couples room. Perfect for a romantic retreat or a spa day out.

Calculated at the standard per person rate.

SIGNATURE HOT STONES MASSAGE

Melt away muscle tension with the combination of heated volcanic stones and soothing massage techniques. This Lomi Lomi style full body massage uses warmed hand and chakra stones to slowly heat the deeper layers of muscle to release tension and improve energy levels. Assisting in the reduction of stress, improving sleep and harmonising the body leaving the total sense of wellbeing.

90 MINUTES \$220

PREGNANCY MASSAGE

Relieve tired muscles with this full body massage designed for mums to be. Performed in a side lying position to ensure additional support and comfort for mum and bubs. Recommended in the second and third trimesters only.

60 MINUTES \$140

REMEDIAL MASSAGE

A targeted massage treatment designed to realign specific areas of tension and assist with injury recovery. Performed only by a qualified remedial massage therapist. Advanced bookings essential. Hicaps not available.

60 MINUTES \$180 | 90 MINUTES \$250

Treatment Enhancements

- Back Thermal Muscle Upgrade \$15
- Back Hot Stones Upgrade \$15
- Refreshing Eye Masque \$15
- Hydrating Foot Masque \$15
- Detoxifying Back Masque \$30
- Anti-Aging Hand Treatment \$30

Signature Body Treatments

OCEAN SALT PEELING SCRUB

Harness the unique power of the oceans pharmacopoeia with a full body exfoliation using ocean salts to soften and remove dead skin cells. Complete with a lotion application using elements of marine red algae to boost the skins hydration.

60 MINUTES \$160

OCEAN ALGAE WRAP

Cocooned in a warm body wrap of blue-green algae this treatment will soothe tired muscles and softens the skins surface. Complete with an indulgent scalp massage and energising lotion application to revitalise the body and moisturise the skin for long lasting results.

60 MINUTES \$180

BODY TREATMENT UPGRADE

Enhance the body treatment by upgrading to a full body massage.

30 MINUTE UPGRADE \$85

EARTH POPPY SEED SCRUB

Discover the grounding benefits of earths natural origin sourced ingredients with this full body poppy seed scrub. Designed to soften the skin, stimulate cell production and revive the bodies natural contour with a lotion application from our Shaping range.

60 MINUTES \$160

EARTH CREAM WRAP

Intensely warm and nourish the body in a firming poppy seed extract cream wrap for the ultimate in skin hydration. This mineral dense treatment will soften and purify the skin whilst activating the natural production of collagen to firm and support the skins surface. Not suitable for sensitive skin.

60 MINUTES \$180

Corrective Body Treatments

DMK BODY ENZYME

This revolutionary body enzyme therapy reduces cellulite, improves circulation and tightens loose skin when applied to specific areas for targeted results. The active messenger enzymes amplify the body's response to increased circulation by flushing stagnant excess fluid from the lymphatic system to remove excess toxins and create stronger cell wall structures. The enzymatic exfoliation and pulsing thermal masque cleanse the skin leaving a smoother appearance. DMK body enzyme therapy can assist with post baby tummy tightening, hyperpigmentation, weight loss skin retraction, removal of excess fluid, reduction in the appearance of body acne and cellulite toning.

60 MINUTES PER AREA

1 AREA \$180 | 2 AREAS \$240 | 3 AREAS \$300
3 TREATMENT PROGRAM FROM \$450 PER AREA

DMK DETOX FIRING WRAP

Indulge in a full body detoxifying wrap to reveal luxuriously smooth skin. A blend of rich botanical ingredients cleanse and prepare the skin for the application of a double layer slimming and toning wrap designed to stimulate the bodies ability to improve metabolic circulation and eliminate water retention. The thermal effect detoxifies and firms the skin to diminish cellulite and increase oxygenation retention within the cells. Leaving the skins overall texture visibly plump and smooth.

90 MINUTES \$220

Nourishing Facials

CERTIFIED ORGANIC CONDITIONING FACIAL

Recondition and hydrate the skin with quality Australian-made certified organic ingredients. This treatment includes a nourishing cleanse, granular exfoliation and deluxe facial massage. Anti-oxidant rich nourishing creams leave the skin rejuvenated and refreshed.

30 MINUTES \$90

DMK NOURISHING INFUSION

Restore the skins ph balance with a refreshing DMK infusion. Complete with a cleanse and customised exfoliation, using sustainably sourced algae to hydrate, reduce redness and prepare the skin for an intense mineral infusion. Ideal for a quick skin refresh.

45 MINUTES \$140

HEAVENLY SPA SIGNATURE FACIAL

Balance, moisturise and support the skins natural heavenly glow with this tailor made facial, designed to suit all skin types. This signature treatment includes a delicate cleanse, revitalising warming masque, gentle peel and tranquil facial massage, complete with an infusion of hand picked ampoules.

60 MINUTES \$160

GENTLEMAN'S DEEP CLEANSE FACIAL

Reveal true skin radiance with or without facial hair. Using a soft facial brush and foaming cleanse this treatment starts by softening and lifting debris from the skins surface. A relaxing massage using a combination of hydrating ampoules stimulates collagen production leaving the skin refreshed and vibrant. Optional softening beard treatment included.

60 MINUTES \$160

ANTIOXIDANT AMPOULE INFUSION FACIAL

Indulge in a modern day fountain of youth experience. This luxurious facial treatment deeply cleanses the skin and increases cellular movement before 3 hydrating ampoule concentrates intensely infuse into the skin to plump and replenish hydration. The functioning antioxidants complement the skins collagen production to improve the skins firmness for long lasting results.

60 MINUTES \$180

PRECIOUS COLLECTIONS FACIAL

Calm the senses and indulge in a skin recharging treatment using the infusion of three precious metals; rose gold, gold and platinum. This treatment is designed to naturally slow the aging process and restore vital radiance. An application of naturally rich oils are massaged into the skin to help boost the skins energy levels leaving a youthful looking glow.

90 MINUTES \$220

CORRECTING BRIGHTENING PEEL

Instantly brighten and improve uneven skin tone using sustainably sourced fruit acid complex and stable vitamin C extracts. This indulgent facial treatment is an intensive vitamin boost to help balance tired skin, even pigmentation and reduce irregular skin tone, leaving a radiant glow.

90 MINUTES \$220

Treatment Enhancements

- LED Light Therapy \$50
- Hydrating Ampoule Upgrade \$15
- Refreshing Eye Mask \$15
- Silver Foil Masque Upgrade \$30
- Hydrating Foot Mask \$15
- Anti-Aging Hand Treatment \$30

High Performance Facials

DMK therapy oxygenates and detoxifies the skin to repair skin function based on the revolutionary concept to Remove, Rebuild, Protect and Maintain. Utilising the beneficial effects of transfer messenger enzymes to encourage superficial blood circulation and lymphatic drainage through the process of reverse osmosis, helping to flush toxins and stimulate collagen production. Formulated to suite all skin types DMK is designed to optimize skin fitness and create long-lasting results.

DMK ENZYME THERAPY FACIAL

Beginning with an in-depth skin analysis to customise a suitable treatment plan, enzyme therapy 1 includes a deep cleanse to prepare the skin for a resurfacing treatment to stimulate skin desquamation. Complete with a 45 minute tightening enzyme masque and transdermal infusion, this paramedical facial will assist in restoring epidermal water loss, resulting in a superficial plasmatic effect and dewy, glowing skin.

90 MINUTES \$210

DMK LIFTING THERAPY

DMK's patented muscle-banding technique is designed to fight against the loss of skin elasticity and aging factors to restore cellular structure and improve collagen production. Ideal for aging skin with the use of pro-resurfacing peels and direct infusion vitamins to plump and restore muscle and skin tightness.

120 MINUTES \$280

Geno+ oxygen therapy is a three step system to reduce the free-radical effects of aging, leaving the skin with an instant non-surgical facelift. This smart-touch system exfoliates, infuses, and oxygenates the skin using patented TriPollar radio frequency to warm and tighten the skin, micro-derm oxypods to exfoliate and remove dormant skin cells and advanced ultrasonic waves to impart nutrient-rich serums. Designed to release the congestion glycerol to strengthen the collagen matrix. This instantly reduces the appearance of wrinkles and improves overall skin turgidity for a youthful glow.

ANTI-AGING OXYGEN+ THERAPY

Experience rapid anti-aging results with this three-step oxygen infusion therapy. Using advanced hand held instruments to deliver Tripollar radio frequency waves this treatment begins by warming the skin to activate the mitochondria within the cell walls. A personalised capsugen oxypod is then circulated around the face to deeply exfoliate and remove dead skin cells. A cooling gel masque is applied to calm the skin whilst performing a relaxing head massage. The final infusion of nutrient rich creams are imparted using ultrasonic waves to push the products to the deeper layers of the skin for longer lasting results. The increase in blood circulation, exfoliation and infusion of complex nutrients to the skin helps reduce the appearance of aging by stimulating collagen and elastin fiber production. Resulting in less wrinkles, firmer skin tone and a reduction in the appearance of scarring.

90 MINUTES \$330

THREE TREATMENT PACKAGE \$840

Treatment Enhancements

- LED Light Therapy \$50
- Refreshing Eye Mask \$15
- Pro Peel Facial Upgrade \$30
- MediPedi Foot Peel \$50
- MediPedi Foot Peel with Polish \$80
- Anti-Aging Hand Treatment \$30

Packages

RETREAT

Indulge in the choice of a custom designed treatment combination to fit the body and soul. Choose from any three 30 minute treatment options including a back massage, body salt scrub, hydrotherapy bath or certified organic conditioning facial.

90 MINUTES \$210

WISH

Wish for the best of both worlds. Surrender all muscle tension with a full body Heavenly Spa Signature Massage and Heavenly Spa Signature Facial. Customised to suit all skin types this treatment will perfectly balance the mind, body and soul.

2 HOURS \$260

BEGINNINGS

Relax the body and calm the mind before the arrival of precious baby. Indulge in a relaxing full body massage and certified organic conditioning facial to reduce body tension and refresh the skin. Nurture mums baby bump with a unique stretch mark reduction treatment, designed to condition and hydrate the skin. The perfect way to help prepare mums-to-be.

2 HOURS \$260

IMMERSE

Immerse yourself in a world of relaxation with this stimulating full body ocean peeling salt scrub, Heavenly Spa Signature Massage and Heavenly Spa Signature Facial. Rich in minerals this tailor-made solution leaves the body and soul in complete harmony with each other.

2.5 HOURS \$350

ESCAPE

Reconnect with mother earth with this indulgent poppy seed journey. Combining a full body poppy seed scrub and poppy seed thermal cream wrap, the skin is gently exfoliated to reveal smoother, even skin texture. Complete this tranquil journey with a Precious Collections Facial to calm the mind and create a sense of serenity.

3 HOURS \$450

HEAVENLY DREAMS

A luxurious full day experience dreams are made of. Begin the journey with a mineral wellness hydrotherapy bath, invigorating ocean salt peeling scrub and an infusion of blue-green algae oxygenating wrap. Taking a break to renourish with a light lunch provided in the spa, hand picked from the chef designed Eat Well Menu. Continuing the journey, the warmth of the heavenly treatment bed is a welcome delight during a relaxing Heavenly Spa signature massage, Heavenly Spa signature facial and deluxe spa pedicure with gel polish. This total top to toe experience is the perfect gift to rejuvenate the soul and relax the mind.

5.5 HOURS \$590

Hydrotherapy and Steam Room

MINERAL WELLNESS BATH

Experience a revitalising mineral bath in a private bathing room. Mineral rich salts are added to they hydrotherapy cycle to nourish, detoxify and rebalance the body. Add this experience to any face or body treatment for the ultimate indulgence.

30 MINUTES \$50

STEAM ROOM

Stimulate blood flow to warm the body and open the skin's pores. Perfect pre- or post-treatment.

STEAM ROOM AND POOL ACCESS \$50
Complimentary with every treatment over 60 minutes

Hands and Feet

DELUXE SPA MANICURE

Relax on a warming heavenly bed with closed eyes to begin the journey of the deluxe manicure. Transform hand and nails with a softening skin treatment, nail tidy and indulgent gentle hand scrub rich in nutrients to lock in hydration. Complete with a selection of gel polish colours.

60 MINUTES \$120

DELUXE SPA PEDICURE

Enjoy a sensory journey to refresh the feet with more then just a pedicure. Rested on a heated bed, drift away as a full service treatment including stimulating exfoliation, nourishing foot masque and soothing foot massage transform the feet. This upscaled pampering session includes the choice of gel polish in a range of colours.

60 MINUTES \$120

HANDS AND FEET RECONDITIONING

Be event ready with this express treatment to buff, file, polish and paint both hands and feet. Enjoy this transformational experience with a sensory journey to relax the body and calm the mind. Treatment includes a complimentary upgrade to OPI gel polish. Removal of gel is an additional charge.

90 MINUTES \$180

ADD ONS

- Shellac or Gel Removal \$25
- Foot Peel Pedicure Upgrade \$30

Gel Polish removal requires additional time. Please advise if removal is required at the time of booking.

Make-up

CERTIFIED ORGANIC INIKA MAKEUP

Stand out with a stunning professional make-up application using premium organic ingredients. Complete with an indepth skin consultation this treatment is suitable for all ages and skin types.

60 MINUTES EVENT MAKE UP \$120

Spa Etiquette

RESERVATIONS

Reservations on day of service and walk-in appointments are welcome. We encourage our guests to book appointments in advance to ensure preferred treatment or therapist availability. All reservations must be secured with a credit card, room number or gift voucher number. To make a reservation, please call 07 3557 8830, or dial Service Express (9) from your room phone and ask for the Heavenly Spa.

PARKING

Complimentary valet parking included for treatments over 60 minutes for up to an hour either side of your treatment. Parking ticket needs to be validated in Heavenly Spa.

PRE-ARRIVAL

Please arrive 15 minutes before your appointment to complete a consultation form and relax into your spa experience. Late arrivals will shorten the time allocated for your treatment.

SPA ENVIRONMENT

We respectfully ask that mobile phones are turned off for the duration of your visit and that noise is limited to encourage a tranquil environment. Smoking is not permitted. All personal belongings should be locked in your hotel room safe as the Heavenly Spa by Westin does not take responsibility for misplaced or lost items.

AGE REQUIREMENTS

Guests of the Heavenly Spa must be at least 16 years of age for the use of the locker rooms, fitness facilities and spa treatments. A parent or guardian will need to be present in the room when a minor between the ages of 16-18 receives a treatment or uses the facilities.

HEAVENLY SPA BY WESTIN™

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FACILITIES

- Full spa services with five treatment rooms, including two couple treatment rooms
- Steam room
- Nautilus Pool with swim-up bar

COMMUNICATION

Please inform reception at time of reservation of any health concerns including allergies, high blood pressure, or if you are pregnant as some treatments may not be appropriate for you at this time.

Prior to your treatment please advise the therapist of any concerns or focus areas. If at any time you feel discomfort or distress please let the therapist know. Communication is key to achieving the full benefits of your time at Heavenly Spa by Westin™.

GIFT CERTIFICATES

Surprise someone you care about with a Heavenly Spa by Westin™ gift certificate. Choose from the available treatments or select an amount. Not available on promotional offers. Gift certificates can be collected at Heavenly Spa or posted to an Australian location at an additional cost.

CANCELLATION POLICY

We require 24 hour's notice for cancellations or booking adjustments for single appointments and 72 hours notification for group bookings. Charges may apply for late cancellations or no shows. Arriving after the requested pre-booking time may result in the treatment being shortened as to not inconvenience other guests. Full charges will apply.

A 1.5% surcharge will be applied to all credit card payments.

Public holidays and after-hour treatments will incur a surcharge